

<u>Name of Meet:</u>	<u>Princeton Invitational 2008</u>
<u>Meet Sanction #:</u>	NJS011908SC
<u>Host Club:</u>	This meet is hosted by: PRINCETON TIGERS AQUATICS CLUB
<u>Date of Meet:</u>	SATURDAY, January 19 and SUNDAY January 20, 2007
<u>Location:</u>	Facility: DeNunzio Pool is located on Faculty Road off of Route 571 on the Princeton University campus, Princeton, NJ 08540. It is an Olympic-sized 50 meter 8-lane pool. Two 8-lane by 25 yard courses will be used. There is ample seating for spectators.
<u>Meet Director:</u>	Marilynn Cino (609)799-1332 entries marilynn.cino@comcast.net
<u>Team Contact</u>	Phil Spiniello, tigersaquaticclub@hotmail.com ,
<u>Meet Referee:</u>	Paul Kerney Paul.Kearney@Dresser.com
<u>Meet Marshal:</u>	Nate Tucker, Skymartu@aol.com , (609)799-7774
<u>Entry Coordinator:</u>	Marilynn Cino <ul style="list-style-type: none"> • E-Mail address: marilynn.cino@comcast.net • 609.799-1332 • Best time to call after 8:00PM and weekends
<u>Entry Deadline:</u>	<ul style="list-style-type: none"> • All entries will be accepted on a first come basis. • Meet Entries will be taken until the meet fills. The host club must stay within the four hour per session rule. • Team entries will not be considered as accepted unless the waiver and entry fees have been received. • Entry Deadline Date: Friday, January 5, 2008 • Mail Entries to: Marilynn Cino, 24 Huntington Drive Princeton Junction, NJ 08550 • Even if you are e-mailing your entries, then overnight or express mail is recommended, <i>but waive the signature.</i>
<u>Entries:</u>	<ul style="list-style-type: none"> • In accordance with NJS policy, team entries may be submitted by E-mail to marilynn.cino@comcast.net. (please use Princeton Invitational in subject line) • All entries must be Hy-Tek program entries either on a 3 1/2" diskette or as an attached file to an e-mail. • The meet entry coordinator will respond to e-mails entries within 48 hours. If you do not receive an e-mail response within 48 hours, assume that your email has not been received. It then becomes the sender's responsibility to make sure that the host club's meet entry coordinator receives the e-mail. If you do not receive an e-mail response, you must contact the entry coordinator by email or phone or mail in your entries. • An entry summary with a signed NJ Swimming waiver and a check must accompany or follow each mailed entry. • Incomplete entries will not be accepted. • Deck entries will not be accepted. • Teams entered will be posted at www.tigersAQ.com
<u>Meet Format Waiver:</u>	<ul style="list-style-type: none"> • The host club has the right to change the format of the meet with the approval of the sanctioning chairman and age group or senior chairman. These changes would be made for a more efficient swim meet for the swimmers and the host club and/or to conform to facility capacity.
<u>Internet Website Posting:</u>	<p>Meet Website address: www.tigersAQ.com Pre-Meet Information posted on website.</p> <ul style="list-style-type: none"> • Meet Information will be posted on the website. • Hy-Tek Events list (HYV.file) will be posted on the website. • Teams whose entries have been received.

	<ul style="list-style-type: none"> • Updated meet schedule. • Warm-up Schedule and Team Warm-up Assignments. • Timing assignments. Post-Meet Information posted on website. <ul style="list-style-type: none"> • Downloadable Results (CL.2 file) • Downloadable Meet Back-up (Backup.zip File)
<u>Meet Requirement Statement:</u>	This meet does qualify as "one" of the three required SHORT COURSE meets to be eligible for the New Jersey LC Zone Championship Team or for New Jersey National Championship Reimbursement.
<u>Coaches Eligibility:</u>	All coaches "on the deck" must be a registered member of USA Swimming. <ul style="list-style-type: none"> • Coaches must show coaching card for entrance to facility. • Coaches must have coaching card visible at all times while on deck.
<u>Swimmer Eligibility:</u>	<ul style="list-style-type: none"> • All swimmers must be members of USA Swimming to enter and compete in this meet. All swimmers must be listed on a team's official entry form to be eligible to participate in this swim meet in any events including relays. All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers must use an UN- (New Team Alpha Code) as their team affiliation. All Unattached swimmers must be listed on the team's official waiver entry form. • No time standards will be used for this meet. • There will be 10 & Under, 11-12, 13-14, 15 & Over Events. • New Jersey Swimming only allows swimmers to enter and compete in 3 individual events per day and relays. • Age for this meet is calculated as of January 19, 2008.
<u>Meet Format:</u>	<ul style="list-style-type: none"> • This meet will be run in accordance to current USA Swimming Rules. • This meet will be run as a timed final meet. • This meet will be run using two pools. Pools will be divided by age groups once all entries are received and a time line established. This information will be sent via email 72 hours prior to the start of the meet to each participating team and will be posted on www.tigersAQ.com with the updated pre-meet information at the same time. • This meet will be deck seeded with coaches checking in/scratching all swimmers. When the seeding has been posted, swimmers will report to the blocks directly.
<u>Meet Schedule:</u>	<ul style="list-style-type: none"> • The building opening time is no earlier than: 6:55AM. • This meet will have three sessions on Saturday and Sunday. • Mid-session and PM session starting times will be announced once entries are received and a time line is established.

Meet Schedule:

Saturday, January 19, 2008		Warm-up	Start
Session 1	13-14 Girls Scoreboard Pool	7:00 a.m.	8:05 a.m.
Session 2	11-12 Girls Dive Pool	7:00a.m.	8:05 a.m.
Session 3	10 & Under Girls & Boys Scoreboard Pool	End of session 1&2	65 minutes*
Session 4	11-12 & 13-14 Boys Dive Pool	End of session 1&2	65 minutes*
Session 5	15 & Over Girls Scoreboard Pool	End of session 3&4	65 minutes*
Session 6	15 & Over Boys Dive Pool	End of session 3&4	65 minutes*
Sunday, January 20, 2008			
Session 7	13-14 Girls Scoreboard Pool	7:00 a.m.	8:05 a.m.
Session 8	11-12 Girls Dive Pool	7:00 a.m.	8:05 a.m.
Session 9	10 & Under Girls & Boys Scoreboard Pool	End of session 7&8	65 minutes*
Session 10	11-12 & 13-14 Boys Dive Pool	End of session 7&8	65 Minutes*
Session 11	15 & Over Girls Scoreboard Pool	End of Session 9&10	65 minutes *
Session 12	15 & Over Boys Dive Pool	End of Session 9&10	65 Minutes*

<u>Warm-up Procedures:</u>	<p>New Jersey Swimming requires a minimum of 60 minutes of warm-ups for all New Jersey Swim Meets. All teams must be given a minimum of thirty minutes of warm-ups.</p> <ul style="list-style-type: none"> • Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines. • Swimming Equipment is NOT ALLOWED in the competition pool during all warm-up sessions. • Teams will be assigned lanes for warm-ups. Warm-up information will be sent via email 72 hours prior to the start of the meet to each participating team and will be posted on www.tigersAQ.com with the updated pre-meet information at the same time. • All swimmers must enter the pool from the starting end of the pool. • Uniformed and designated meet marshalls will monitor warm-ups. • <u>Warm-up Procedures based upon number of entries:</u> • There will be a one-hour warm-up session with sprint lanes offered in the final 10 minutes of warm-ups or <u>(based on the number of swimmers/teams in the meet)</u> the warm-up sessions will be two 30-minute warm-ups divided by teams. There will be designated sprint lanes/pace lanes during the last 10 minutes. A two lane warm up pool will be available for use during the meet.
<u>Entry Times:</u>	New Jersey Swimming does not allow 'NT' or 'No Time' to be used as an entry time. All entry times must be in short course yards.
<u>Check-In:</u>	All check-in sheets must be turned into the scoring table 30 minutes before the start of each session. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched will have their names circled with a "SCR" next to the circle. Swimmers scratching a single event will have a line through his/her name and the event number circled with "SCR" next to the circle.
<u>Starts:</u>	<ul style="list-style-type: none"> • New Jersey Swimming requires that whistle starts be used. • The host club will determine if "overhead/fly-over" starts will be used after a time line has been produced. This information will be published in the pre-meet information and posted at www.tigersAq.com
<u>500 Freestyle and 400 IM Events</u>	<ul style="list-style-type: none"> • The 500 Freestyle and the 400 IM Events will be run slowest to fastest. • These events will be limited to five heats (The first 40 swimmers entered on a first come first serve basis). Teams will be notified when these events are full so that swimmers may be entered in another event. • In the 500 free, the swimmer must provide their own timer and person to count. • In the 400 IM, the swimmer must provide own timer.
<u>Relays</u>	Coaches must turn in relay cards prior to that relay swimming listing correct swimmers names and correct order.
<u>Scoring:</u>	This meet will not be scored.
<u>Awards:</u>	<ul style="list-style-type: none"> • Ribbons will be awarded for the top 8 swimmers in all age groups. • Ribbons will be awarded to the top 3 relays in each relay event.
<u>Entry Fees:</u>	Individual Entry Fee: \$3.00. Relays \$8.00, Make checks payable to: PRINCETON TIGERS AQUATICS CLUB
<u>Admissions and Programs:</u>	<ul style="list-style-type: none"> • Admission will be \$6.00 per session. • Cost of Program will be \$10.00 for a 2-day program.
<u>Results:</u>	All teams must request on the meet summary whether they want results mailed or e-mailed.
<u>Host Club Responsibilities:</u>	<ul style="list-style-type: none"> • The host club will provide a single timer in each lane through out the meet, except for the 500 Freestyles swimmers will provide their own timers and lap counters. and the 400 IM's; swimmers will provide their own timers. • The host club will have stopwatches for volunteer timers

	<ul style="list-style-type: none"> The entry coordinator will create a warm-up schedule and timing assignments that will be fair and equal to all teams. This warm-up schedule and timing assignment will be e-mailed to all participating clubs and posted on the website: www.tigersaq.com no later than 72 hours before the meet.
<u>Participating Club Responsibilities:</u>	<ul style="list-style-type: none"> Participating clubs must help with timing assignments. Timing assignments will be e-mailed to participating clubs and posted on the swim meet website: www.tigersaq.com 72-hours prior to the meet. Participating club parents must stay off the pool deck except for timing assignments. Participating clubs should help with officiating whenever possible. List the club contact for club officials on the meet summary.
<u>Food Concessions:</u>	Food will be available in Jadwin Gymnasium.
<u>Vendor:</u>	A swim vendor will be in attendance.
<u>Directions:</u>	Princeton University DeNunzio Pool is conveniently located approximately one mile west of Route 1 via Route 571 (Washington Avenue.) At the first light, Faculty Road make a right, the parking lot and the pool will be on your left.
<u>Hotels:</u>	Holiday Inn, 100 Independence Way, 1.609.520.1200, Staybridge Suites, 4375 Route1, 1.609.951.0009, ask of sports group rate Residence Inn by Marriott, 4225 Route 1, 1.732.329.9600, Includes breakfast Princeton Courtyard by Marriott, Route 1 and Mapleton Road, 1.609.716.9100; includes breakfast

New Jersey Swimming Inc.

Official Meet Verification Form

Club Name: _____ Club Code: _____

Club E-Mail Address: _____

Head Coaches Name: _____

Club Address: _____



I hereby certify that all swimmers and coaches listed on the entry or hard copy with disk entries, for the **Princeton Invitational 2008** to be held on January 19 & 20, 2008 are registered members of New Jersey Swimming/ United States Swimming. All United States Swimming numbers are correctly listed and, unless otherwise noted, are not required to swim unattached (UN) due to the 120-day transfer. Also I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Signature _____ Date _____
(Signature cannot be photocopied)

Article 302.4 of the USA Swimming Rules and regulations.

FALSE REGISTRATION: An LSC may impose a fine of up to **\$100 per event** against a member coach or a member club's representative signing a document which indicates a swimmer is registered with United States Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

LIST ALL UNATTACHED SWIMMERS:

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____

Princeton Invitational 2008

ENTRY SUMMARY

Team: _____ **USA-S CLUB CODE:** _____

WAIVER

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/ours heirs, administrators and assigns, waive and release any and all claims against USA-Swimming, Princeton University, Princeton Tigers Aquatics Club and their staff for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we am/are a bona-fide amateur athlete(s), USA registered, and eligible to compete in all of the events I/we have entered.

Signature of Club Official, Coach, and/or
Parent or Guardian

Name of Club: _____

USA Club Code: _____

Name(s) of Coach(es) _____

Address: _____

Phone #: _____ E-Mail: _____

Contact Person Responsible for Entries: _____

Phone #: _____

Fax #: _____

E-Mail: _____

Contact Person Regarding Timers and Officials: _____

Phone #: _____

Fax#: _____

E-Mail: _____

ENTRY FEE SUMMARY

Total # of Individual Entries _____ x \$3.00 = \$ _____

Total # of Relay Entries _____ x \$8.00 = \$ _____

Total Amount of Entry \$ _____

Total # of Swimmers _____

MAKE CHECKS PAYABLE TO: Princeton Tigers Aquatics Club

Event List: No Qualifying Times

Saturday AM 7am Warm Up

Session #1 Scoreboard Pool

Event #	Event Name
1	Girls 13-14 200 Freestyle Relay
2	Girls 13-14 200 IM
3	Girls 13-14 100 Freestyle
4	Girls 13-14 200 Butterfly
5	Girls 13-14 100 Breaststroke
6	Girls 13-14 200 Backstroke
7	Girls 13-14 500 Freestyle

Session #2 Dive Pool

Event#	Event Name
8	Girls 11-12 200 Freestyle Relay
9	Girls 11-12 200 IM
10	Girls 11-12 100 Backstroke
11	Girls 11-12 50 Freestyle
12	Girls 11-12 100 Butterfly
13	Girls 11-12 50 Breaststroke
14	Girls 11-12 100 Freestyle

Saturday Mid Session Warm Up after AM session

Session #3 Scoreboard Pool

Event #	Event Name
15	Girls 10 & Under 200 Freestyle Relay
16	Boys 10 & Under 200 Freestyle Relay
17	Girls 10 & Under 200 Freestyle
18	Boys 10 & Under 200 Freestyle
19	Girls 10 & Under 100 Backstroke
20	Boys 10 & Under 100 Backstroke
21	Girls 10 & Under 50 Freestyle
22	Boys 10 & Under 50 Freestyle
23	Girls 10 & Under 100 Butterfly
24	Boys 10 & Under 100 Butterfly
25	Girls 10 & Under 50 Breaststroke
26	Boys 10 & Under 50 Breaststroke
27	Girls 10 & Under 100 IM
28	Boys 10 & Under 100 IM

Session #4 Dive Pool

Event #	Event Name
29	Boys 11-12 200 Freestyle Relay
30	Boys 13-14 200 Freestyle Relay
31	Boys 11-12 200 IM
32	Boys 13-14 200IM
33	Boys 11-12 100 Backstroke
34	Boys 13-14 100 Freestyle
35	Boys 11-12 50 Freestyle
36	Boys 13-14 200 Butterfly
37	Boys 11-12 100 Butterfly
38	Boys 13-14 100 Breaststroke
39	Boys 11-12 50 Breaststroke
40	Boys 13-14 200 Backstroke
41	Boys 11-12 100 Freestyle
42	Boys 13-14 500 Freestyle

Saturday PM Warm Up after Mid Session

Session #5 Scoreboard Pool

Event #	Event Name
43	Girls 15 & Over 200 Freestyle Relay
44	Girls 15 & Over 200 IM
45	Girls 15 & Over 100 Freestyle
46	Girls 15 & Over 200 Butterfly
47	Girls 15 & Over 100 Breaststroke
48	Girls 15 & Over 200 Backstroke
49	Girls 15 & Over 500 Freestyle

Session #6 Dive Pool

Event #	Event Name
50	Boys 15 & Over 200 Freestyle Relay
51	Boys 15 & Over 200 IM
52	Boys 15 & Over 100 Freestyle
53	Boys 15 & Over 200 Butterfly
54	Boys 15 & Over 100 Breaststroke
55	Boys 15 & Over 200 Backstroke
56	Boys 15 & Over 500 Freestyle

Sunday AM Warm Up 7am

Session #7 Scoreboard Pool

Event #	Event Name
57	Girls 13-14 200 Medley Relay
58	Girls 13-14 200 Freestyle
59	Girls 13-14 100 Backstroke
60	Girls 13-14 50 Freestyle
61	Girls 13-14 200 Breaststroke
62	Girls 13-14 100 Butterfly
63	Girls 13-14 400 IM

Session #8 Dive Pool

Event#	Event Name
64	Girls 11-12 200 Medley Relay
65	Girls 11-12 100 IM
66	Girls 11-12 50 Butterfly
67	Girls 11-12 200 Freestyle
68	Girls 11-12 50 Backstroke
69	Girls 11-12 100 Breaststroke
70	Girls 11-12 500 Freestyle

Sunday Mid Session Warm up after AM session

Session #9 Scoreboard Pool

Event #	Event Name
71	Girls 10 & Under 200 Medley Relay
72	Boys 10 & Under 200 Medley Relay
73	Girls 10 & Under 200 IM
74	Boys 10 & Under 200 IM
75	Girls 10 & Under 50 Butterfly
76	Boys 10 & Under 50 Butterfly
77	Girls 10 & Under 100 Freestyle
78	Boys 10 & Under 100 Freestyle
79	Girls 10 & Under 50 Backstroke
80	Boys 10 & Under 50 Backstroke
81	Girls 10 & Under 100 Breaststroke
82	Boys 10 & Under 100 Breaststroke

Session #10 Dive Pool

Event #	Event Name
83	Boys 11-12 200 Medley Relay
84	Boys 13-14 200 Medley Relay
85	Boys 11-12 100 IM
86	Boys 13-14 200 Freestyle
87	Boys 11-12 50 Butterfly
88	Boys 13-14 100 Backstroke
89	Boys 11-12 200 Freestyle
90	Boys 13-14 50 Freestyle
91	Boys 11-12 50 Backstroke
92	Boys 13-14 200 Breaststroke
93	Boys 11-12 100 Breaststroke
94	Boys 13-14 100 Butterfly
95	Boys 11-12 500 Freestyle
96	Boys 13-14 400 IM

Sunday PM Session Warm Up after Mid Session

Session #11 Scoreboard Pool

Event #	Event Name
97	Girls 15 & Over 200 Medley Relay
98	Girls 15 & Over 200 Freestyle
99	Girls 15 & Over 100 Backstroke
100	Girls 15 & Over 50 Freestyle
101	Girls 15 & Over 200 Breaststroke
102	Girls 15 & Over 100 Butterfly
103	Girls 15 & Over 400 IM

Session #12 Dive Pool

Event #	Event Name
104	Boys 15 & Over 200 Medley Relay
105	Boys 15 & Over 200 Freestyle
106	Boys 15 & Over 100 Backstroke
107	Boys 15 & Over 50 Freestyle
108	Boys 15 & Over 200 Breaststroke
109	Boys 15 & Over 100 Butterfly
110	Boys 15 & Over 400 IM